

( [PRLEAP.COM](http://PRLEAP.COM) ) April 17, 2014 - Johannesburg, South Africa – Unilever's vision is to work to create a better future, every day. They help people feel good, look good and get more out of life with brands and services that are good for them. Unilever Health forms an integral part of this vision, helping Unilever to achieve this aim of improved wellbeing by promoting good health.

Unilever Health focuses on improving individual's health by enhancing the nutritional content of their products, providing relevant nutritional information on packaging and encouraging healthy living.

The Unilever Health Global Nutrition Enhancement Programme provides meaningful insight into saturated fat, sugar, sodium and trans fats and ensures that products that do not meet set criteria in these categories are not promoted to children on a health platform. Unilever Health educates the public as well as Nutritionists and Dieticians about creating balanced eating plans and incorporating and promoting the right foods.

The Unilever Health website is regularly updated with recipes, articles and posters about health and nutrition, and their responsive website makes it easy for people to access these articles from desktops, tablets or mobile phones.

Not only is there a focus on Health through Nutrition, but there is also a focus on Healthcare Professionals, such as nurses and doctors. South African Healthcare Professionals live busy lives, and Unilever Health offers them free and easy options to earn Continuous Education Units (CEUs). These CEUs enable their continued professional development and it is essential that for every 12 month period a Healthcare Professional must earn 30 CEUs.

By offering a free and user-friendly CEU programme, Unilever Health helps local Healthcare Professionals develop and meet the requirements of their profession.

All Healthcare Professionals are welcome to sign up and access Unilever Health's free CPD programme and start earning CEUs.

About us [Unilever is the home of 400 brands that span 14 categories](#) of home, personal care and food products. Health has always been and continues to be a key focus area for us. We are

constantly trying to enhance the nutritional composition of our food products through our Global Nutrition Enhancement Programme and pride ourselves on promoting healthier food choices. We also made it our personal mission to [communicate our findings concerning nutrition to health care professionals and the general public](#)

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